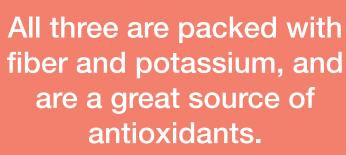
RAISINS, SULTANAS AND CURRANTS



Raisins, sultanas and currants are all popular types of dried fruit, specifically dried grapes.











Half of the world's supply of raisins are grown in California.

Golden raisins are made from sultanas treated with SO_2 and flame dried to give them their characteristic color.

Raisins range from about 67% to 72% sugar by weight, most of which is fructose and glucose.



Evidence of raisin production has been found in the writings of ancient Egyptians and Persians.

Sources:

https://www.healthline.com/nutrition/raisins-sultanas-currants#:~:text=Raisins%2C%20sultanas%20and%20currants%20are%20all%20types%20of%20dried%20grapes,the%20largest%20of%20the%20three. https://mobile-cuisine.com/did-you-know/raisin-fun-facts/#:~:text=History%20books%20note%20that%20raisins,colors%20vary%20by%20drying%20process. https://foodimentary.com/2012/04/30/mysteries-of-the-raisin/ http://justfunfacts.com/interesting-facts-about-raisins/